

# 140th Wing Support Staff



## Inspector General

Lt. Col. Michael Brinkman 847-9053

Call the IG when you have a complaint or problem that you and your chain of command can't solve.



## Staff Judge Advocate

Lt. Col. Michael Freimann, 847-9895

The JAG helps with all legal matters including wills, powers of attorney, notary service, deployment-related issues, etc.



## Wing Chaplain

Lt. Col. Joseph Murphy, 847-9434

The Chaplain Team provides spiritual support and confidential counseling to all members, regardless of faith choice.



## Equal Opportunity

Capt. Joshua Vigil, 847-6388

Call EO if you have an issue with discrimination, sexual harassment, or an unsuitable work environment.



## Sexual Assault Response

Maj. Elizabeth Pszanka, 847-9950

The SARC is prepared to respond to any incident of sexual assault and conducts training to prevent it.



## Psychological Health

Ms. Virginia Howard 303-358-9728

The DPH provides counseling and psychological support for anyone in emotional or mental distress.



## Airman & Family Readiness

Ms. Michelle Abarca, 847-9116

A&FRP provides a variety of services to Airmen including family counseling, morale events and financial support.



## Command Post

720-847-9955

The Command Post can put you in touch with anyone you need, 24/7, including a designated driver to get you home safely.



## Human Resources

MSgt Fran Sechrest, 847-9046

The HRA provides career counselling, mentorship, and professional development opportunities.