

## BACKGROUND:

The USAF requires Airmen to be ready and capable to perform their mission when called. Optimal health is extremely important as the tasking may come with little notice and/or the location may be in an austere environment.

### IMR components (and explanatory notes):

- Immunizations
- Preventive Health Assessment (PHA)
- Dental Readiness Classification
  - \* Class 3 - urgent or emergent dental treatment required
  - \* Class 4 - overdue annual dental exam
- Medical readiness laboratory tests
- Individual medical equipment
- Deployment Limiting Conditions (DLC)

### DRHA timeline:

Five DRHAs must be completed within specific timeframes in the deployment cycle

DRHA 1: within 120 days before deployment (requires two steps: Completion of an automated DRHA questionnaire in ASIMS Web, then scheduling a provider appointment (face to face visit) to go over the questions.

DRHA 2: within 30 days prior to departure from theater - Call Logistics Health, Inc at 1-888-634-1128 (if not completed in theater, within 30 days of return from deployment)

DRHA 3: 90 - 180 days after return from deployment - Call Logistics Health, Inc at 1-888-634-1128

DRHA 4: 181 - 545 days after return from deployment\* - Call Logistics Health, Inc at 1-888-634-1128

DRHA 5: 546 - 910 days after return from deployment\* - Call Logistics Health, Inc at 1-888-634-1128

## AIRMAN ACCESS:

Airman access their personal IMR and DRHA information at <https://imr.afms.mil/imr/MyIMR.aspx>; alternatively, on the AF Portal home page enter 'MyIMR' into the 'Search AF Portal' box and follow the top link.

**Note:** Airman are responsible for monitoring and maintaining currency of his/her IMR and DRHA requirements (IAW AFI 10-250, 44-170, and 48-122).

## QUESTIONS:

- **FAQs:** On Main Menu select 'Help'. Scan the list of frequently asked questions to see if your issue/concern has a ready-response, and if so then select 'View' on the left-hand side of the row.
- **Access Issues and Questions:** Contact MTF ASIMS Administrator.
- **ASIMS Help Desk:** DSN (312) 969-9742 or 210-395-9742 or 800-298-0230; Email: [afmsa.sg6hhid-helpdesk@us.af.mil](mailto:afmsa.sg6hhid-helpdesk@us.af.mil).

## Public Health

### DRHA REMINDERS:

- DRHAs are designed to identify deployment-related physical and mental health care needs and to maintain and improve readiness, fitness, and well-being before, during, and after deployment.
- Commander support is **essential** to the success of the DRHA program. Studies show that Unit CCs have a direct impact on an Airman's willingness to seek assistance for deployment-related health concerns, including mental health issues. CCs should encourage timely DRHA completion and member openness during the process. CCs must also reduce perceived stigma through positive regard for personnel who seek mental health assistance.

# ASIMS 101

## Quick Reference Guide To:

- Individual Medical Readiness (IMR)
- Deployment-Related Health Assessments (DRHA #1-5)
- Profiles (AF Form 469/422)
- Refer To DAWG



## 140th Medical Group

MTF ASIMS Administrator  
**DSN 847-6476 / 720-847-6476**

Public Health

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