

ASSISTING SERVICE MEMBERS AND THEIR FAMILIES AT A HIGHER LEVEL



Find us at our new website! [co.ng.mil/Family](http://co.ng.mil/Family)

Colorado Springs

**Save The Date!**

Denver

The Colorado National Guard Foundation and CONG Family Programs will host their annual Santa Shop event on Northern COS Readiness Center

**December 15, 2018**  
9am-12pm

**Santa, Gifts, Crafts, Refreshments, & More!**  
An Event For The Whole Family!

[co.ng.mil/Family/Holiday-Assistance](http://co.ng.mil/Family/Holiday-Assistance)

For more information contact:  
Jenny Morgan, [jenny.e.morgan\\_ctr@mail.mil](mailto:jenny.e.morgan_ctr@mail.mil)

Denver Armory  
Denise Harris, [denise.r.harris10\\_ctr@mail.mil](mailto:denise.r.harris10_ctr@mail.mil)

Nominations due by December 5

**Operation Homefront's Military Child of the Year®**

Seven outstanding young people, ages 13-18, will be recognized for their scholarship, volunteerism, leadership, and extracurricular involvement. Nominate a National Guard youth who will be recognized at the national gala and receive a \$10,000 award, a laptop computer, and other donated gifts.

**Prep Connect 360**

Bridging the gap between military & civilian careers

**FREE 5-Day Advanced Job Seeker's Workshop**  
For Veterans, Active Duty, Guard/Reserves, & Military Spouses

Date: DECEMBER 10-14, 2018

Time: 8:30 AM – 4:00 PM

Pikes Peak Workforce Center  
El Paso County Citizens Support Center  
1675 Garden of the Gods Road  
Colorado Springs, CO 80907

Choose Your Office Only \$14.99

Exclusive for your company, get the complete Microsoft Office Professional Plus 2019 suite for your home. Or if you use a Mac, get Office Home and Business 2019 for the same low price. Enter your work email here to see if you are eligible.

Office Professional Plus 2019	Your Price: \$14.99	Office Home and Business 2019	Your Price: \$14.99
-------------------------------	---------------------	-------------------------------	---------------------

Microsoft Offers Office 2019 to Military Members for \$14.99!\*

\*Must have access to military email in order to verify eligibility.

Join the Colorado Elks and National Guard in Celebrating the 159<sup>th</sup> birthday of the Colorado National Guard!

<https://Avalanche.KSETickets.com/ColoradoElksNationalGuard>

Colorado Avalanche VS Minnesota Wild

Wednesday, January 23rd • 7:00PM • Pepsi Center

Ticket packages starting at \$38

No additional fees or taxes charged

\$10 of each ticket to benefit the CO Elks and CONG Foundation

TRICARE.mil

TRICARE's Open Season—November 12-December 10

Vision plans now available for Guard Families!

Take Command of Your Benefits.

**FEDVIP 2019 Rates and Plan Features are available NOW!**

OPM has updated their website with tools that allow you to compare FEDVIP plans to help you decide which plan is right for you. You can compare plan features and costs for 2019 by visiting: [www.benefits.fedvip.com](http://www.benefits.fedvip.com)

You can enroll in a FEDVIP plan during Open Season (Nov. 12 - Dec. 10, 2018) for coverage beginning in 2019.

To learn more, visit: [tricare.benefits.com/mem/plans](http://tricare.benefits.com/mem/plans)

#takecommand

JAGUAR LAND ROVER REGISTERED APPRENTICESHIP PROGRAM

Friday, February 23, 2019 10:00am - 10:00pm - Pikes Peak Workforce Center - 1675 Garden of the Gods Road

**SAVE THE DATE**

STABLESTRIDES' FIRST ANNUAL RED, WHITE, & BLUE CELEBRATION

presented by Starwood Development Group

This free breakfast event highlights and celebrates the support our service members and veterans and their families receive with Starwood.

**HELP WANTED**

We need your help!

click [here](#) to volunteer for various CONG Foundation events.





ASSISTING SERVICE MEMBERS AND THEIR FAMILIES AT A HIGHER LEVEL

Find us at our new website! [co.ng.mil/Family](http://co.ng.mil/Family)

### GET CONNECTED



[co.ng.mil/Family](http://co.ng.mil/Family)



[www.Facebook.com/CONGFP](http://www.Facebook.com/CONGFP)



@CONGFamProgram

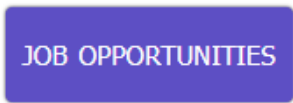


Colorado National Guard  
Family Program



Cong\_FamilyProgram

### LOOKING FOR EMPLOYMENT?



\*\*The events and/or organizations listed in this newsletter and website are not being endorsed but are items of general interest to members of the CONG.\*\*

### CONTACT LIST

- Benefits / Transition Assistance..... 720-250-1173
- Child and Youth Program Coordinator..... 720-250-1195
- CONG Foundation..... 720-250-1191
- Family Assistance - Air Guard ..... 720-847-9116
- Family Assistance - Army Guard
  - Buckley AFB..... 720-250-1963
  - Centennial..... 720-250-1186
  - Colorado Springs..... 720-250-4885
  - Denver..... 720-250-2771
  - RSP Program..... 720-250-2773
  - Western Slope..... 720-250-5571
- Family Readiness and FRG Volunteers..... 720-250-1192
- Resilience Coordinator..... 720-250-1413
- Survivor Outreach Services, Eastern Slope..... 720-250-1564
- Western Slope..... 720-250-5572
- Trauma Support..... 720-250-1056
- Yellow Ribbon Program, Air Guard..... 720-847-9184
- Army Guard..... 720-250-1185

### RELATED OFFICES

- Chaplain .....720-250-1074
- Personal Financial Counselor.....803-323-9871
- Employment Assistance.....720-250-1431/2185
- Employer Support of the Guard & Reserve .....720-250-1176
- Psychological Health Coordinator, Air Guard .....720-847-9438
- Army Guard.....720-219-0749
- Sexual Assault Response Coordinator.....720-250-1561

**Charlene Shields**  
**CONG Family Program Office**  
**State Family Program Director**  
 CO National Guard  
 Office: 720-250-1190  
 Cell: 303-895-4784  
[charlene.m.shields.civ@mail.mil](mailto:charlene.m.shields.civ@mail.mil)



**Michelle J. Abarca**  
**CONG Airman & Family Readiness**  
**Program Manager**  
 Colorado Air National Guard 140th WG  
 Office: 720-847-9116  
 Cell: 303-827-9629  
[michelle.j.abarca.civ@mail.mil](mailto:michelle.j.abarca.civ@mail.mil)

### HAVE RESOURCES TO SHARE? CONTACT THE FAMILY PROGRAM MARKETING OFFICE

Laine Dennison & Denise Harris  
 720-250-1193 or 720-250-1196

[laine.a.dennison.ctr@mail.mil](mailto:laine.a.dennison.ctr@mail.mil) or [denise.r.harris10.ctr@mail.mil](mailto:denise.r.harris10.ctr@mail.mil)