

*Do you have a case of
the Grumpies?*

*Or you don't always see the glass
as half full?*



*Or maybe the holiday stress is just getting to you?
Then attending this class **“Counting Your Blessings”** is
surely the purr-fect thing to do!*

When: Thursday, 17 November

Where: Bldg 706, Room 104B

What Time: 1500 -1600

How: Call 720 847-9438 or email DPH to RSVP