



140th Wing Safety

Monthly Safety Memo

February 2016

Special points of interest:

- Preventing Slips, Trips and Falls?
- Jewelry in the Workplace
- JSTO
- Facility Inspections
- Check 3 Case Study

JSTO

Supervisors! Have you done an annual review on your JSTO? Remember, JSTO's must be updated and reviewed annually or when new work tasks or equipment is added to your workcenter.

Facility Inspections

IAW AFI 91-202, work-center/shop supervisors are responsible for conducting and documenting monthly spot inspections. Our safety SharePoint site (see link below) has an easy to use spot inspection form which you can use to document your work.

Contact us if you have any questions or comments!

847-9738 / 847-9735 / 847-9488

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Preventing Slips, Trips and Falls

- Plan ahead and give yourself sufficient time
- When walking on steps, use the hand railing
- When walking on icy or snow-covered walkways, slightly bend your knees, take shorter steps, and walk at a slower pace
- Try not to carry too much; you need your hands and arms to balance to yourself
- If you fall backwards, try to make a conscious effort to tuck your chin so your head doesn't strike the ground with full force
- When entering buildings, remove snow and water from you footwear; indoor floors and walkways can be wet and slippery!
- Use special care when entering and exiting vehicles; use the vehicle for support

Jewelry in the Workplace

The Tonight Show host, Jimmy Fallon, recently experienced a ring avulsion when he tripped on a rug at his house. In short, his ring finger got caught on the counter which pulled everything off his finger, leaving only the bone. He was lucky to not lose his finger!

AFI 91-203 details situations when finger rings CANNOT be worn. In short, if working on an elevated surface where the worker has to ascend or descend, material handling operations (to include warehousing, parts handling, equipment operations, etc), where workers are exposed to moving, rotating or revolving machinery, where workers are exposed to energized electrical circuits, or when performing maintenance or inspections on aircraft or ground support equipment.



Check Three

Gear: Car appears in good working order.

- Tire pressure looks great on the driver's side

Plan: Taking a break during a road trip is a great idea ...

- But stop the car first!

Skills: Seat belt defying talent!

- But this is one skill they hopefully have not practiced a lot.



Gear: Truck seems to be in working order.

- But not sure if there are enough seatbelts

Plan: Kudos to the efficiency in the plan ...

- But we recommend a bus next time!

Skills: Mad skills!

- Did you notice the precision used to secure the luggage?

Gear: Nice camera.

- Might be better if he had a little more than 1x zoom though.

Plan: To become one with nature.

- Nice, however we do recommend you try to live to tell about it!

Skills: Appears to be well framed.

- Might have been better if he had turned around and taken a selfie though.

