



140th Wing Safety

Monthly Safety Memo

June 2017

Special points of interest:

- Up-Coming Inspection and Training Schedule
- Summer Safety
- Safety Survey

Units With Up-Coming Inspections:

140 FSS, CF, CES, LRS, and SFS – June Occupational/Weapons

140 MSG – July Occupational

120 FS, and 140 OSS – August Occupational/Weapons

Inspections will consist of facility inspection, USR/Supervisor monthly spot inspections, and review of quarterly USR safety briefing to Group/Sqd Commander.

SST:

Supervisor Safety Training is scheduled for Sunday June 7th at 0900 in the DFAC. Remember to bring your certificate from the SST CBT on ADLS under safety. This is required before taking the classroom portion. You will be turned away if you don't have your certificate.

Contact us if you have any questions or comments!
847-9738 / 847-9735 / 847-9488
usaf.co.140-wg.mbx.se@mail.mil

SUMMERTIME SAFETY!

Summer weather brings with it the opportunity to get out and enjoy outdoor activities with fellow Airmen, family and friends. There is nothing quite like a warm afternoon on the beach, around the pool, or even in the back yard showcasing your favorite barbecue technique, to make some lasting memories. There is no question about it –summer is a lot of fun!

However, each year Airmen or members of their family are needlessly injured, or worse, while participating in outdoor activities. Over the past 10 years, an average of 50 Airmen and an equal number of family members died in off-duty activities such as boating, kayaking, swimming, biking, riding an ATV, and general aviation. Today, it's much more common to be injured or killed off duty than on duty. How are most Airmen injured off duty?

Sports and Recreation: In 2016, Air Force personnel experienced 2,031 injuries in sports and recreation activities. Each year we get a little older and the speed and agility you had in high school doesn't magically reappear each summer. Take time to prepare for sports activity with a good routine of stretching and warm up. If you don't have the skills in a particular sport, practice or take a lesson or two –stay in shape throughout the year so you are ready when you engage in your favorite sport.

Water: Each summer a few Airmen die while boating, water skiing, scuba diving and, in more cases than one would expect, from simply watching waves during hurricanes and typhoons. In most all cases, using a sound buddy system could have prevented these mishaps. Sometimes the calmness of the open ocean/pools/lakes seems to challenge us to go beyond our limits, all in the spirit of fun. Unfortunately, the water is terribly unforgiving. So stick with a partner, know your limits and most importantly, use the safety gear that can save your life.

Fire and fireworks: Every year, Airmen are severely burned starting their barbecue or from open flames. Throwing flammable items, like fireworks, into fires has the same result every time ... it will burn, it will explode and someone will get hurt. Barbecues and fire pits are great for camping or enjoying the back yard, but both involve open flames. There's nothing better than a fresh-toasted marshmallow, for sure –but respect open flames. And, pre-light that gas barbecue.

On the Road: This one you do every day. It's driving. Our hazard exposure goes up during summer because we spend more time on the road. From road trips to theme parks, to visiting relatives in the next state or on a far coast, or the call of Route 66, the open road calls to many military families. No lecture here, just encouragement. If you're a passenger, maintain your situational awareness of the road. Help the driver. All of our minds wander and that's deadly at 65 mph. And make it a family rule of turning off the cell phone when you're the driver.

Feel free to give us a call in the 140 Wing Safety office at 720-847-9738 if you want additional information.

Safety Survey

Help your Wing, Group, and Squadron Safety Staff serve you better. Take the Survey!!

All Officer and enlisted Airmen: OPS: survey ID number 1090113

<https://www.afcmrs.org/?page=242&surveyID=1090113>

Maintenance personnel: MX: survey ID number 5774260

<https://www.afcmrs.org/?page=242&surveyID=5774260>

Medical personnel: Med: survey ID number 4474983

<https://www.afcmrs.org/?page=242&surveyID=4474983>

TACP and CRO: STS OPS: survey ID number 6217963

<https://www.afcmrs.org/?page=242&surveyID=6217963>

CYBER/Intel personnel: SPC/ISR OPS: survey ID number 3589415

<https://www.afcmrs.org/?page=242&surveyID=3589415>

Support personnel: Support: survey ID number 8347283

<https://www.afcmrs.org/?page=242&surveyID=8347283>