### June's Main Events

### Saturday, 2 June 2018

1000 - Promotion Ceremony for MSgt Tyrone Cunningham, 140 MSG, B841

1030 - 1230 - Lunch, B706, Dining Facility

1630 - Becoming an Officer Mentoring Meeting, Ops B701

1500 - Retirement Ceremony for CMSgt Dave Mort, 233SG, GANGS

1600 - Retreat - 140 MSG

1615 - 140th Wing Running Club, B706 Parking Lot

#### Sunday, 3 June 2018

0800 - 233 SG Commanders Call, GANGS

0900 - Interfaith Chapel Service, H801, FSS Classroom

0900 - Rising 6, B830, 140 CE Classroom

1000 - Top 3, B830, 140 CE Classroom

1030 - 1230 - Lunch, B706, DFAC

1300 - Promotion Ceremony for TSgt Kent Martin, 233SG, GANGS

1400 - Retirement Ceremony for TSgt Richard Martinez, 140 MXG, B805 (Weapons), Classroom

1500 - Retirement Ceremony for TSgt Audrey Myers, 233SG, GANGS

1500 - Retirement Ceremony for COL Leon Harrell, USPFO, JFHQ

1500 - Wing Innovation Team, B706, WGCR

1600 - Retreat - 140 MSG

### Looking down the road...

June - EDI - Estonia/Slovenia, 240 CEF Ardent Sentry

17 July - ESGR Day (nominate your employer to attend!)

26-31 July - ACC UEI Midpoint & AQC

28-29 July - UTA Weekend

Stay updated all the time with <u>Cougar Tales Online!</u> www.140wg.ang.af.mil/Home/Cougar-Tales/

#### **Special points of interest:**

- Retention News Read this is separating or expecting a bonus!
- June Safety Memo
- Air Force Inspection System (AFIS) Cheat Sheet
- Video: Behind the Wings highlights the F-16
- DoD Warrior Games
- Follow WeAreTheCOANG on Facebook!

**June 2-3** 



## Items of Interest - June

**Key Messages from NGB** - Training, training, training!

- The National Guard develops realistic, hi-tech training that capitalizes on military and civilian skills. We have to maintain skill sets that are unique to the NG such as the Civil Support Teams and the Counter Drug Team.
- The NG is the nation's primary military crisis response force. We continue to leverage our unique skills, experiences and capabilities to provide a unified and rapid response to homeland threats.
- Our NG forces must be given training opportunities that prepare them to succeed for the full-spectrum of global challenges ahead.

**Wing Commander Comments:** During July UTA, approximately thirty ACC IG members will be at Buckley AFB evaluating our Wing. This occurs every two years, as part of our four year inspection program. Our emphasis will be AFSC training and the associated program documentation, which is not being properly executed in all areas. We need your help to identify known work center issues to our Chiefs, as they assist Wing IG with developing our Corrective Action Plan. We will have the best trained members in the USAF, *after* we honestly identify the issues preventing this reality.

<u>Air Force Inspection System</u> - If you are unfamiliar with AFIS, or even if you need a refresher, check out this quick reference guide.

<u>Rockies Military Appreciation Day</u> - July 15, 1:10 pm - The Colorado Rockies Baseball Club would like to show its appreciation to Veterans and military members by giving them free tickets. Family and friends of Veterans or military members can get tickets for only \$16.

Post-UTA Survey - Don't forget to tell us your thoughts - Quick Survey Here!

Command Chief Comments: As we prepare for a dynamic summer we must look hard at our individual AFSC training and the challenges we face in the overarching program. Your supervisors and UTMs have the knowledge and expertise to overcome those challenges, but they will need assistance. That assistance, and ownership, must come from our Airmen, our supervisors, and our Chiefs and Senior Enlisted Leaders. Airmen have to take ownership for their training, supervisors must be laser focused on documentation and program compliance, and finally, your Chiefs and SELs are dedicated to providing the accurate amount of time and resources to support your efforts. Wingman, Leader, Warrior!

Be Aware: Cyber Sextortion - This is a serious crime that is occurring in the military where someone threatens to expose a sexual image in order to make a person do something or to seek revenge or humiliation. Before you send any personal information or images across the internet, whether it's through e-mail, social media, or even ways you think are private, think beyond the initial consequences. Anything you send or post to the internet, unintentionally or otherwise, will be on the internet forever. Read this for further info.

Ready and Resilient members and families

**Revitalize our squadrons** 

**Protect our Airmen's time** 



Build trust Build competitive teams Build our future
Warrior Airmen

| AGR:<br>E-7 - E-8 Wing Safety Manager    |
|--|
|  |
| E-5 - E-6 Unit Training Manager          |
| O-4 - O-5 Bilateral Affairs Officer      |
| Technician:                              |
| E-1 - E-5 Motor Vehicle Operator         |
| O-4 - O-5 Logistics Management Officer   |
| E-7 - E-8 Traffic Management Specialist  |
|  |
| E-7 - E-8 Safety & Occupational Health   |
| Manager                                  |
| E-3 - E-7 HR Specialist - Classification |
| E-3 - E-7 HR Specialist - Recruitment &  |
| Placement                                |
| E-3 - E-6 Electronic Integrated Systems  |
| Mechanic                                 |
| E-1 - E-7 Aircraft Mechanic              |
| E-3 - E-5 Aircraft Ordnance Systems      |
| Mechanic                                 |
| E-7 - E-8 Fabrication Supervisor         |
| E-6 - E-7 Aircraft Pneudraulic Systems   |
|  |
|  |



## op·ti·mize

#### **VERB**

Make the best or most effective use of (a situation, opportunity, or resource)

SYNONYMS: Advance, better, enhance, improve, refine, increase, upgrade



There is ALWAYS room for improvement. Elite athletes take advantage of resources that increase support for their physical fitness, mental toughness, spiritual strength and interpersonal relationships. These athletes are successful because they are coming from a place of strength to support themselves in achieving the high standards and goals they set for themselves. Evaluate what resource would help optimize your personal or professional goals. Services available to assist include the Chaplain, HAWC and DPH.

From the Winter Olympics to the NBA, more and more professional athletes — including Kobe Bryant, Tiger Woods, LeBron James and Olympic gold medal-winning volleyball players Misty May-Trainor and Kerry Walsh — have turned to the benefits of meditation to help their performances. The practice can help improve an athlete's mental game by reducing stress, increasing focus and attention span, and boosting emotional well-being.

The Broncos Women's Organization and USAA are hosting a special VIP luncheon for 25 Service Members with an opportunity to attend a private minicamp practice session on June 12th from 1000-1300, followed by a meet-and-greet with players and coaches.

Those interested in attending will be entered in a random drawing on Tuesday, June 5th at Noon. Please contact Laine Dennison at laine.a.dennison.ctr@mail.mil with name and contact information to enter. All Service Members must attend in duty uniform. More info here

#### **Update your Contact Information**

Communication issues have occurred with wing personnel due to inaccurate or a lack of contact information listed in the Global Address List (Outlook).

ALL personnel are required to verify/update their contact information in order to ensure successful communication in the future.

Please go to: <a href="https://milconnect.dmdc.osd.mil/milconnect/">https://milconnect.dmdc.osd.mil/milconnect/</a>

Select "Update work contact info (GAL)" then login using your CAC.

See graphic below to input the proper information.

| Personnel Status             |  |          |                                   |   |
|------------------------------|--|----------|-----------------------------------|---|
| Persona Type                 | Military   |          |                                   |   |
| DoD Association              | National Guard member (SEL RES)                            |          |                                   |   |
| Administrative Organization  | USAF   |          |                                   |   |
| <b>Duty Organization</b>     | United States Air Force                                    | ~        | F                                 |   |
| <b>Duty Sub Organization</b> | 140th Wing   | ∨ ←      |                                   | lect your Group from the<br>opdown (unless you are Wing |
| Office Symbol                | Your Office Symbol HERE                                    |          |                                   | aff).   |
| Job Title                    | Your Job Title HERE  |          |                                   |   |
| Duty Installation/Location   | National Guard Facilities (Army and Air) State of Colorado | <b>▽</b> |                                   | lect this option from the                               |
| Building                     | Your Building Number HERE                                  |          | Dropdown (Do NOT select Buc AFB). |   |
| Room                         | Your Room Number HERE                                      |          | 80                                |   |

| Phone/Fax Numbers |   |                                    |                                    |
|-------------------|---|------------------------------------|------------------------------------|
| Duty              | (720) 847-XXXX  | Ext                                |                                    |
|                   | Telephone/Fax numbers must be from 7 to 20 dig parentheses, hyphen, dot, plus, and spaces.    | its and may contain left and right | Scroll to the bottom of the screen |
|                   | 847XXXX   |                                    | and enter (at a minimum) your duty |
|                   | Telephone/Fax numbers must be from 7 to 20 dig<br>parentheses, hyphen, dot, plus, and spaces. | its and may contain left and right | phone and DSN phone numbers.       |
| Mobile            | Official Cell Phone Number X  |                                    |                                    |
|                   | Telephone/Fax numbers must be from 7 to 20 dig parentheses, hyphen, dot, plus, and spaces.    | its and may contain left and right |                                    |



### Become a 140th Wing 2018 Green Dot Trainer!

If you are interested, the training class will be June 22 from 0800-1600. Please contact TSgt Cheryl Montgomery for more info and to sign up!

#### **CSAF Message: Operational Safety Review**

CSAF directed the Air Force to complete a one-day pause in order to focus on and evaluate proper safety procedures. Here are his thoughts on the topic (Watch video):

- "I am directing this operational safety review to allow our commanders to assess and discuss the safety of our operations and to gather feedback from our Airmen who are doing the mission every day."
- "We cannot afford to lose a single Airman or weapons system due to a mishap that could have been prevented."
- "My intent is to have commanders lead focused forums with their Airmen to help identify gaps and seams that exist or are developing, which could lead to future mishaps or unsafe conditions."

Thank you to the 140 MXG and 140 OG for accomplishing their safety down days on 9 March and 24 March respectively. Remember, safety is a priority EVERY DAY!



#### **Need Comm support?**

The 140th Communications Flight is shifting their ticketing process to the Virtual Enterprise Service Desk (vESD) as the only system for all help desk tickets. vESD is a client-based desktop application that improves system availability and customer productivity by eliminating call wait times and providing faster return to service.

The application is located on your desktop and says HELP DESK in big bold letters. Users who do not have vESD installed on their government computer may still access the ESD Portal from the .mil domain here: <a href="https://esd.us.af.mil/esdportal/DOD.aspx">https://esd.us.af.mil/esdportal/DOD.aspx</a>
For more information and How To's, please see the <a href="https://creativecommons.org">140CF/CFP SharePoint site</a>.



#### Be the first to pounce on a great deal!

Whether you're a full-timer or Traditional, you can always access the Cougar Tales webpage for the latest deals, events, and resources.

Rockies Tickets: <a href="https://usodenver.ticketleap.com/uso-rockies/">https://usodenver.ticketleap.com/uso-rockies/</a>

Bandimere Speedway Tickets: <a href="https://usodenver.ticketleap.com/bandimeretix">https://usodenver.ticketleap.com/bandimeretix</a>

And lots more... Check it out! <a href="http://www.140wg.ang.af.mil/Home/Cougar-Tales/">http://www.140wg.ang.af.mil/Home/Cougar-Tales/</a>

#### New Uniforms are coming soon!

Starting October 1, 2018, Airmen may start wearing OCPs. If you don't have OCPs already (from a previous deployment), they will be issued to enlisted members by the 140 LRS when available. Officers must purchase their own uniforms once available at AAFES. Check out the <u>official memo</u>, <u>flyer</u> and <u>FAQ's</u> for details.



Boots will be Coyote Brown.

# **TIMELINE**

2018

1 OCT

Serviceable OCP's may be worn.

Airmen can purchase OCP's at the following AAFES locations: Aviano AB, Charleston AFB, Shaw AFB and MacDill AFB

2019

1 APR

Expansion of in-store AAFES sales locations continues

Tan T-shirt must be worn (Desert Sand is authorized until this date)

OCT

Online sales projected to be available

2020

1 JUN

Coyote Brown boots must be worn (Tan is authorized until this date)

DLA Issued green socks must be worn (Desert Tan, Tan authorized until this date)

2021

1 APR

OCP Mandatory Wear Date

# BENEFITS

- •The OCP works in all climates and across the spectrum of missions we perform
- Over 100,000 Airmen have been issued and/or are already wearing OCPs. This includes Air Force Central Command, Air Force Special Operations Command and our Air Force Global Strike Command Defenders
- The OCP will bring back Air Force heraldry with unit patches
- The OCP celebrates our joint warfighting excellence and close ties with the Army

# AIR FORCE OCP UNIFORM GUIDANCE

Pilot School and

School of Advanced Air patch, Space Studies patch,

Critical Care Air Transport

Team patch, Test Pilot School graduate patches or other completed equivalent schools

Further official wear guidance will be available soon in AFI 36-2903, Dress and Personal Appearance

#### Meet the 233d Security Forces Squadron Commander

Name: Major Aaron Kemplin

Current Job: Commander, 233 Security Forces

Squadron

**Career history (in a nutshell):** Active duty Air Force, 1991-1996; Kentucky ANG, 1996-1997; Colorado ANG, 1997present. 14 years prior enlisted Security Forces, former Aurora Police Officer, commissioned as a Space and Missile Warning Officer before assuming my current role, spent one year as an instructor at AF OTS, and currently an Action Officer for SPP, Jordan.

Family/pets: Wife, Megan; five children, Corey (24), Ryan (20)(COANG Airman), Laura (12), Benjamin (10), and Elizabeth (7). One mini-Australian Shepard, Lilly.



Hobbies: Cycling, fitness, musician (drummer)

Why you joined the COANG: For an AGR SF opportunity in Greeley, of course!

Favorite food: BBQ ribs Favorite Animal: Dogs

Favorite Movie: Back to the Future

Best and worst characteris-

tic/habit: Best = Tenacity; Worst =

Tenacity

Your most influential role model:

Too many to list

Goal(s) as the Commander of your

unit: To make the 233d/COANG a great place to work and serve; to develop future leaders with an optic on development for success in life both in and out of uniform; to leave this place better than I found it.

Best reason to visit Greelev, CO: To visit the women and men of the 233d Space Group!

**Favorite summer pastime:** Family vacation!







#### Stay updated!

WeAreTheCOANG on Facebook @140WGCC on Twitter

